

The background of the page features a stylized American flag with white stars on a blue field and red and white stripes. The text is overlaid on this background.

The Fourth of July isn't just a symbol this year!

Make Medicaid and independence for individuals with disabilities your priority this Fourth of July.

While many of us will be at the picnic table with family and friends to celebrate, we must place the health and security of individuals with disabilities on the table.

Your Senators will be at home on recess the week of July 4–8. Your Representative will be home on recess June 27-July 5 and July 18-24. Invite them to your table!

We are in the fight of our life now!

When members of Congress visit their districts, you have a prime opportunity to shape what's happening in Washington.

Medicaid is on the table for permanent changes and extensive cuts as a way to deal with the nation's deficit. So, too, is the health security and independence for individuals with disabilities, their providers, and direct support workers!

It is critical that your Congressional delegation appreciate the direct local impact of specific Medicaid changes that would harm beneficiaries and providers.

Take steps now to discuss your concerns about avoiding deep cuts that will only shift costs to states, beneficiaries, and providers

1. Contact their District offices and set up a meeting. Better yet, invite them onsite.
2. Attend any of their town meetings, discuss the importance of Medicaid and urge them not to make deep cuts to Medicaid.
3. Arrange for individuals with disabilities and family members to join you.
4. Place a personal face to your stories. Take photographs and personal stories with you. Make a booklet of faces and stories to give to them.
5. Prepare op-eds or press releases for your local newspapers.
6. Join forces with others to deliver your message.